

**COURSE SYLLABUS  
NS387 Adult Health I  
Department of Nursing  
Southeast Missouri State University**

Department of Nursing

Course # NS387

Title of Course: NS387 Adult Health I

Revision: \_\_\_\_\_  
New:  X

**I. Catalog Description and Credit Hours:**

Application of knowledgeable caring and evidence-based practice guidelines to introductory practice in medical-surgical nursing roles when caring for adult patients. (3 credit hours)

**II. Prerequisites:**

Second semester junior standing within the nursing major or consent of instructor, and NS371, NC371, NS372, NC372, NS373, and NS374

**Co-requisites:**

NS381, NC387, NS388, NC388, NS389, and NC389

**III. Course Objectives:**

A. Use evidence-based practice, critical thinking, and scientific rationales to plan safe care for adults who are experiencing alterations in health.

B. Begin to prioritize nursing diagnoses and interventions with the application of theoretical content.

C. Utilize knowledge and concepts from the arts, sciences, and humanities to plan nursing care to enhance individual patient's health outcomes and quality of life.

D. Follow professional standards and guidelines to plan safe clinical care for patients.

E. Explore the roles of the BSN prepared nurse, focusing on care provider, communicator, collaborator, and patient educator.

F. Respect patients' unique responses to health and illness based on socio-cultural and physical environments.

G. Explore basic concepts of a community continuum of care, including the professional roles of interdisciplinary teams, community resource agencies, and family support systems.

H. Demonstrate individual learning activities and accountability to meet own learning and professional development needs.

#### **IV. Expectations of Students:**

- A. Attend class and complete assignments & exams as scheduled & on time.
- B. An average grade on exams of 75% is required to pass NS387.
- C. Completion of the HESI Fundamentals Exam. The student is responsible for the cost of the exam.
- D. Fulfill all requirements as outlined in the BSN Student Handbook.

#### **E. Civility/Academic Honesty:**

"Every student at Southeast is obligated at all times to assume responsibility for his/her actions, to respect constituted authority, to be truthful, and to respect the rights of others, as well as to respect private and public property. In their academic activities, students are expected to maintain high standards of honesty and integrity and abide by the University's Policy on Academic Honesty. Alleged violations of the Code of Student Conduct are adjudicated in accordance with the established procedures of the judicial system."

#### **F. American Disability Act:**

"Any student who believes that they may need an academic accommodation based on the impact of a disability should contact the instructor to arrange an appointment to discuss their individual needs. Instructors rely on Disability Support Services for assistance in verifying the need for academic accommodations and developing accommodation strategies. Students who have not already registered with Disability Support Services as a student with a disability will be encouraged to do so." In other words, accommodations do not have to be given unless the disability is verified by Disability Support Services (Melanie Thompson, 2273)

#### **V. Course Content:** (For more detail, refer to the Course Content Schedule)

Introduction to course, expectations, syllabus

##### **Caring for Patients with the following problems/needs:**

**Peri-operative Care**

**Promoting Pain Control**

**Intro to Fluid and Electrolytes/Overload and Dehydration**

**Sensory Problems:** Cataracts, Glaucoma, Hearing Loss

**Diabetes Mellitus**

**Vascular Problems:** Arteriosclerosis, Atherosclerosis, Hypertension,  
Peripheral Vascular Disease

**Cancer Care** including Anemia

**Common Skin Disorders** including Skin Cancer /Malignant Melanoma

**Immune/Inflammation:** Osteoarthritis, Rheumatoid Arthritis, Lupus, Joint Replacement, Connective Tissue Diseases

**Respiratory:** Head & Neck Cancer, Chronic Obstructive Pulmonary Disease, Pneumonia

**Cardiac:** ECG and lead placement, Chronic Heart Failure

**Neuromuscular:** Parkinson Disease, Back Pain, Stroke

**Musculoskeletal:** Osteoporosis, Osteomyelitis, fractured hip, carpal tunnel syndrome

**Nutrition/Elimination:** Malnutrition, Obesity, Oral Cancer, GERD, Hiatal Hernia, Gastritis, Peptic Ulcer Disease, Colorectal Cancer, Obstruction, Peritonitis, Inflammatory Bowel Disease, Gallbladder Disease

**Urinary Elimination:** UTI, Urinary incontinence, urolithiasis/stones, Bladder Cancer

**Reproduction:** Breast Cancer, Menopause, Uterine Leiomyoma, Cervical Cancer, Ovarian Cancer

## VI. Textbooks and/or Required Materials:

Ignatavicius, D., & Workman, M. (2010, 6<sup>th</sup> ed). Medical-Surgical Nursing-Patient Centered Collaborative Care, Philadelphia: W. B. Sanders

The Neighborhood: Pearson's online community. Pearson/Prentice Hall: Upper Saddle River, NJ. (Purchase of access code required through Southeast Bookstore)

Ackley, B. J. & Ladwig, G. B. (2008, 8<sup>th</sup> ed.). Nursing Diagnosis Handbook: an Evidence-Based Guide to Planning Care, St. Louis: Mosby; Elsevier (purchased for NS371)

## VII. Basis for Theory Grade:

|                                     |            |
|-------------------------------------|------------|
| Four Unit Exams/ 100 pts each ..... | 400 points |
| Comprehensive Final Exam .....      | <u>200</u> |
|                                     | 600        |

\***HESI Exam Score:** The **HESI** exam is worth **5%** of the course grade; average percentage for three exams is worth **95%** of the course grade.

★ If a student is **absent** from class during an examination, the student must schedule a meeting with the faculty member to discuss the reason for the absence. If the faculty member agrees to a makeup examination, it may be an essay. Unexcused absences will result in a "0" grade on the exam.

★ **Any student receiving a 75% or less on an exam** is to meet with the faculty member to identify weak areas, attend study sessions, and seek tutoring ASAP.

**NOTE:** Students must remain current in CPR, PPD (or chest x-ray), and OSHA updates, and are recommended to remain current on influenza vaccinations, Hepatitis B, in order to go into clinical areas. Failure to renew and provide documented proof on file will result in the loss of three percent (3%) of total points possible in the course, for every week without current documentation. See BSN Student Handbook.

**PLEASE NOTE: Only simple calculators provided by the Department are allowed during exams. Any student who uses a palm pilot or any other device including a cell phone during an exam, will receive a “0” grade and may be subject to further disciplinary action.**

A student who drops a NC or NS course must also drop the other course with the corresponding number (for example, if a student drops NC387, he/she must also drop NS387; if the student drops NS387, he/she must also drop NC87). *Approved 12/16/09*